

Heritage Retreats

Women's Summer Retreat

North Star Ranch · Whitefish, Montana · August 17-24, 2026

Itinerary

Eight days in Whitefish, Montana and Glacier National Park — hikes, rafting, rodeo, Shabbat and learning.

Day 1 · Monday
Aug 17

Sunny & clear · High 82° / Low 50°

Arrive in Big Sky Country, cruise Flathead Lake, and settle into the ranch.

- **Welcome to Montana**
Welcome! We're so excited to begin this unforgettable week together.

- **Upon Arrival — Meet at Baggage Claim**
Once you've collected your luggage, meet the group at baggage claim.
Arrival Contacts: Chayala Schwartz 848-261-9682 · Elisheva Berinstein 908-783-9397 · Sara Azar 732-833-3690

2:00 PM **Head Out**
Montana, here we come!

3:00 PM **Pontooning on Flathead Lake**
First stop: the lake. An afternoon on the water surrounded by some of Montana's most beautiful views.

- **Lunch on the Lake**
Good food, fresh air, and the perfect setting to start getting to know each other.

6:30 PM **Settle In**
Find your room, unpack, get comfortable, and make yourself at home.

7:30 PM **Welcome Dinner**
Our first dinner together — good food, great company, and the start of an incredible week.

8:30 PM **Meet Rabbi Kreitenberg**
A warm welcome and introduction to the heart behind our week together.

- **Icebreakers**
Names, laughs, new faces — and the beginning of new friendships.

Day 2 · Tuesday
Aug 18

Sunny, light breeze · High 84° / Low 52°

Morning inspiration followed by an afternoon hiking Avalanche Lake in Glacier National Park.

- | | |
|----------|--|
| 8:00 AM | Optional Prayer Class with Ayelet
Start the morning with intention and discover a more personal way to connect through prayer. |
| 8:30 AM | Breakfast
Coffee, breakfast, and a beautiful Montana morning. |
| 9:00 AM | Morning Journaling
A few quiet minutes to reflect, reset, and put your thoughts on paper. |
| 9:20 AM | Happiness with Deedee Markowitz
What does it really mean to live a happy life? An honest conversation about joy, perspective, and what truly fills us. |
| 10:10 AM | Ayelet Elnecave
Topic to be announced. |
| 11:00 AM | R' Dovid Refson
Topic to be announced. |
| 11:45 AM | Pack Lunches To Go
Fuel up, pack what you need, and get ready to head into Glacier. |
| 12:30 PM | Depart for Glacier
Adventure time. We're heading into one of the most beautiful places in the country. |
| 2:15 PM | Avalanche Lake Trail
Mountains, waterfalls, forest, and one seriously beautiful destination. Take it all in. |
| 6:00 PM | Back to the Ranch |
| 7:30 PM | Dinner |
| 9:30 PM | Meet the Educators: Women in the Modern Era
Real women, real questions, real conversation. Explore what it means to live as a Jewish woman in today's world. |

Day 3 ·
Wednesday
Aug 19

Partly cloudy · High 81° / Low 51°

Hit the rapids for whitewater rafting, then wind down with a Paint & Sip night.

-
- 8:00 AM** **Optional Prayer Class with Ayelet**
Start the morning with intention and a moment to connect through prayer.
-
- 8:30 AM** **Breakfast**
Fuel up for a full day ahead.
-
- 9:00 AM** **Morning Journaling**
A few quiet minutes to reflect, reset, and put your thoughts on paper.
-
- 9:20 AM** **A New Beginning with Deedee Markowitz**
Every chapter gives us the opportunity to begin again. A conversation about growth, change, and becoming who we want to be.
-
- 10:15 AM** **Ayelet Elnecave**
Topic to be announced.
-
- 11:10 AM** **R' Dovid Refson**
Topic to be announced.
-
- 12:05 PM** **Pack Lunches To Go**
Grab lunch and get ready for an afternoon on the river.
-
- 1:00 PM** **Depart for Whitewater Rafting**
-
- 2:30 PM** **Whitewater Rafting**
Rapids, laughs, adrenaline, and incredible Montana scenery with Wild River Adventures.
-
- 6:30 PM** **Back to the Ranch**
-
- 7:30 PM** **Dinner**
-
- 8:15 PM** **Paint & Sip Night**
Paint night with Miriam + cocktails by Ayelet. No artistic talent required — just come ready to have fun.

Day 4 · Thursday
Aug 20

Sunny & warm · High 85° / Low 53°

Explore Hidden Lake and Going-to-the-Sun Road, then come together for a Challah Bake.

- | | |
|----------|--|
| 8:00 AM | Optional Prayer Class with Ayelet
Start the morning with intention and a moment to connect through prayer. |
| 8:30 AM | Breakfast
Coffee, breakfast, and another beautiful Montana morning. |
| 9:00 AM | Morning Journaling
A few quiet minutes to reflect, reset, and put your thoughts on paper. |
| 9:15 AM | Tried & True Dating Tips with Deedee Markowitz
Dating, relationships, expectations, and everything in between — practical advice with room for the real questions. |
| 10:00 AM | Ayelet Elnecave
Topic to be announced. |
| 10:45 AM | R' Dovid Refson
Topic to be announced. |
| 11:30 AM | Pack Lunches To Go
Grab lunch, pack what you need, and get ready for another day in Glacier. |
| 12:00 PM | Depart for Glacier
Back to the mountains for another unforgettable afternoon. |
| • | Hidden Lake Trail
Big skies, mountain peaks, and Glacier National Park at its best. |
| • | Going-to-the-Sun Road
Sit back and take it all in — one of the most iconic and breathtaking drives in Montana. |
| 6:00 PM | Back to the Ranch |
| 7:30 PM | Dinner |
| 8:30 PM | Challah Bake
Roll up your sleeves and join us for a fun night of mixing, braiding, and baking challah together. |

Day 5 · Friday
Aug 21

Partly sunny · High 80° / Low 50°

Paddleboard yoga, downtown Whitefish, and a beautiful evening welcoming Shabbat together.

- | | |
|----------|--|
| 8:00 AM | Optional Prayer Class with Ayelet
Start the morning with intention and a moment to connect through prayer. |
| 8:30 AM | Breakfast
Coffee, breakfast, and an easy Friday morning. |
| 9:00 AM | Morning Journaling
A few quiet minutes to reflect, reset, and put your thoughts on paper. |
| 9:20 AM | R' Dovid Refson
Topic to be announced. |
| 10:00 AM | Pack Lunches To Go
Grab lunch and get ready for a fun day out. |
| 10:30 AM | Head Out |
| 11:00 AM | Paddleboard Yoga — Group 1
Balance, breathe, and enjoy a yoga session on the water — falling in is part of the fun. |
| 12:00 PM | Class with Deedee: Faith — Group 2
An honest conversation about faith, trust, and finding meaning even when we don't have all the answers. |
| • | Rotate Groups for 2nd Shift |
| 1:30 PM | Downtown Whitefish
Explore the shops, grab a coffee, and enjoy some free time around town. |
| 3:30 PM | Back to the Ranch
Time to head back and start getting ready for Shabbos. |
| 4:30 PM | Kugel & Refreshments
A little pre-Shabbos snack while everyone gets ready. |
| • | Shabbos Prep
Shower, get dressed, help set the table, arrange flowers, and get ready for Shabbos together. |
| 7:30 PM | Shabbos Photo
Everyone dressed up with Montana behind us — time for the group photo. |
| 7:45 PM | Candle Lighting
Light the candles together as we welcome Shabbos in Montana. |
| • | Welcome the Shabbos Queen with Rebecca
Take a moment to slow down, disconnect from the week, and get ready to welcome Shabbos together. |

8:00 PM	Kabbalos Shabbos Songs, prayer, and the start of our first Shabbos together in Montana.
8:30 PM	Shabbat Dinner Good food, singing, conversation, and a Friday night around the table together.
•	Speaker Speaker & topic to be announced.
•	Oneg + Ayelet's Story Stick around after dinner for dessert, an Oneg, and the chance to hear Ayelet share her story.

Day 6 · Shabbat
Aug 22

Sunny & still · High 83° / Low 52°

A slower day of good food, meaningful conversations, connection, and time together.

10:30 AM	Light Breakfast & Coffee A slow Shabbat morning. Coffee, something light, and nowhere to rush to.
11:00 AM	Optional Prayer Class with Ayelet A relaxed morning session to explore prayer and connect in your own way.
11:30 AM	Kiddush Come together for Kiddush, good food, and an easy Shabbat morning.
12:00 PM	R' Dovid Refson Topic to be announced.
1:00 PM	Shabbat Lunch Good food, singing, conversation, and time around the table together.
5:30 PM	Women's Class An open conversation about Jewish womanhood, relationships, and the meaning behind the mitzvah of family purity.
6:30 PM	Women's Panel An open floor for real questions, honest answers, and conversations about Jewish life, relationships, and everything in between.
8:00 PM	Seudah Shlishit The final meal of Shabbat — a chance to sit together, sing, and enjoy the last moments of the day.
9:52 PM	Havdalah Come together for Havdalah as we close out Shabbat and head into the night.
10:30 PM	Melava Malka: Music & Games Shabbat may be over, but the night isn't. Music, games, snacks, and time to hang out together.

Day 7 · Sunday
Aug 23

Sunny & warm · High 84° / Low 51°

Kayaking under the Montana sun, followed by our closing banquet and bonfire under the stars.

-
- 8:00 AM** **Optional Prayer Class with Ayelet**
Start the morning with intention and a moment to connect through prayer.
-
- 8:30 AM** **Breakfast**
Coffee, breakfast, and the start of our final full day in Montana.
-
- 9:15 AM** **No More Drama with Your Mama... or Anyone Else! with Deedee Markowitz**
A real conversation about relationships, boundaries, communication, and navigating the people in our lives.
-
- 10:00 AM** **Ayelet Elnecave**
Topic to be announced.
-
- 11:30 AM** **Pack Lunches To Go**
Grab lunch, pack what you need, and get ready for an afternoon on the water.
-
- 12:00 PM** **Kayaking**
Paddle out, soak up the sunshine, and enjoy one more afternoon surrounded by Montana views.
-
- 8:00 PM** **Banquet Dinner & Reflections**
A special final dinner together to celebrate the week, the friendships, and everything we're taking home with us.
-
- 9:30 PM** **Bonfire**
One last Montana night under the stars — bonfire, music, and time together before we head home.

Day 8 · Monday
Aug 24

Clear morning · High 81° / Low 51°

One last breakfast together before we say goodbye to Montana and head home.

-
- 8:30 AM** **Final Breakfast**
One last breakfast together before it's time to head home.
-
- 9:30 AM** **Depart for FCA Airport**
Bags packed, hearts full. Goodbye, Montana — until next time.

Room Lists

Where you'll rest

Ranch WiFi	
Network	Password
Guest	Beaver355

First Floor

Room	Capacity	Sign-up
Room 101	6 guests	_____
Room 102	6 guests	_____
Room 103	7 guests	_____
Room 104	6 guests	_____

Second Floor

Room	Capacity	Sign-up
Room 201	7 guests	_____
Room 202	6 guests	_____
Room 203	6 guests	_____
Room 204	3 guests	_____

Room assignments will be finalized closer to the retreat.

Packing List

Come prepared

☐☐ Clothing for the week, including long pants & long-sleeved shirts☐ Nicer clothes for Shabbat☐ Light jacket or sweater for cool evenings☐ Bathing suit☐ Comfortable walking/hiking shoes — hiking boots are not necessary☐ Water shoes — Crocs are not sufficient☐ Bandana or cap☐☐ Daypack / backpack☐ CamelBak with a minimum 2L capacity OR 2 reusable water bottles (at least 40 oz total; wide-mouth preferred)☐ Rain gear — lightweight rain jacket, poncho and/or umbrella☐ Sunscreen☐ Sunglasses☐ Insect repellent — important!☐ Lip balm☐ Small flashlight☐ Towel for water activities☐☐ Toiletries — shampoo, soap, toothbrush, etc.☐ Any medications you need☐ Personal items & essentials

Mountain mornings run cool — layering is your friend. Check each day's forecast before you pack your day pack.

Location

Find us here

North Star Ranch

Whitefish, Montana · near Glacier National Park

Address

355 Beaver Lake Rd, Whitefish, MT 59937

Nearest airport

Glacier Park International (FCA) — ~25 min drive

Google Maps:

<https://www.google.com/maps/search/?api=1&query;=355+Beaver+Lake+Rd+Whitefish+MT+59937>